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**Name:** Your Name

**Date of Report:** 8/31/20XX

This report provides your soul life lesson or growth theme plus your top power chakra and percent balanced.

### SOUL LIFE LESSON THEME

Soul Themes	Theme	Additional Comments
Life Lesson	Stewardship (example)	Your lesson is to learn how to be responsible over and improve things (finances, business, people, resources, etc). It is also taking on this responsibility when things aren't fully in your control.

### What is the Soul Life Lesson/Growth Theme?

#### Soul Life Lesson Theme

The Soul Life Lesson is the primary lesson or growth goal for your soul in this lifetime. When you made your plan before arriving in this earthly plane and in your present earthly body you identified a primary goal for your soul's development. There may be other smaller themes but your primary one will shape your journey.

# POWER CHAKRAS

## Primary (1) Third Eye

(Active Status and Percent: Overactive - 120%)

Associated color(s): Indigo

The third eye chakra, or Ajna, is located between your eyes. You can thank this chakra for a strong gut instinct. That's because the third eye is responsible for intuition. It's also linked to imagination.

*Stones to help with third eye chakra*

- Amethyst
- Lapis Lazuli
- Sodalite, Iolite
- Apophyllite

## What to do With Your Power Chakra and Associated Colors

Use them in your daily life

Wear the colors - clothes, jewelry, accessories

Meditate with items in the primary chakra associated color or with the suggested stones

For manifestation

Use your power chakra colors in visualization, surrounding what you desire to manifest. You can also use them as an overlay with your power number.

What to do with your chakras?

Make sure they are balanced, always - especially your power chakras.

When your power chakras are out of balance (operating less than 80% or over 110%)

**In the full Life Themes report with Power Chakras you receive the following additional themes and your top 2 power chakras with percent balanced.**

### Engagement Theme

Engagement is how you interact or engage with the world in times of stress or joy and it is what keeps you connected or grounded. Engagement themes can also be connected to your strengths or gifts.

### Gifts/Strengths Theme

Gifts are your natural abilities and strengths you came in with. Some may have been cultivated and strengthened through practice, education and development. Some may lay dormant and

untapped. Consider whether your gifts are being used to their full potential and what you can do to nurture your natural abilities to better walk in your purpose.

### **Service/Work**

The service/work theme deals with how you show up to the world in service. This is how you serve and it can be done through your career, personal work, hobbies, and even voluntarism. Consider whether your current activities allow you to use your service/work theme and how you can incorporate this theme into your life or enhance this theme in your life.

SAMPLE